



# Southwest Missouri State University

## Track & Field / Cross Country

NCAA Division I Member – Missouri Valley Conference – BearsTrack.net

### Next Up For The Bears: Outdoor Track and Field

March 26 – Tulsa Duals, University of Tulsa, Tulsa, Oklahoma

March 25-26 – Stanford Invitational, Stanford University, Palo Alto, California

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## Missouri State University!

If you have not heard...Missouri's great state university is finally getting the name it deserves. The state of Missouri is renaming Southwest Missouri State to **Missouri State University** in August of 2005. Governor Matt Blunt will sign the name change into law on March 17th at 11:45AM in the Plaster Student Union.

### World Championships

1999 SMS graduate Calvin Staples will be racing at the IAAF World Cross Country Championships as part of the Canadian National team on March 19 in St. Entienne, France

### Volunteers Needed

SMS track and field is looking for volunteers for its April 9<sup>th</sup> (Saturday) SMS Big Bear Invitational and it's April 27<sup>th</sup> (Wednesday) SMS Aldo Sebben High School Relays. If you are interested in volunteering please e-mail greghipp@smsu.edu for details.

### 2005 Alumni Run

The Annual SMS Alumni Run will be August 20th and information is available at BearsTrack.net

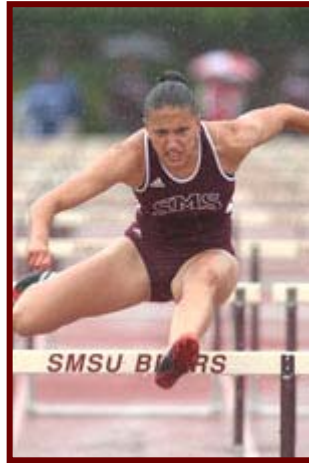
### Spread the Word

Do you know any SMS alums or friends who would be interested in our newsletter? Send them to BearsTrack.net to subscribe. We are looking forward to staying in contact with our valued alumni and friends of the program.

## Partain Named All-American; Owens, Florant Among Nations Best

The SMS track and field team sent three athletes to the NCAA Indoor Track and Field Championships in Fayetteville, Arkansas this past weekend.

The SMS contingent of Fabian Florant, Tracy Partain and Casey Owens were looking to add their names to the lists of Bear and Lady Bear athletes who have racked up 12 NCAA Division I all-American honors over the past eight years.



Junior Tracy Partain, a Springfield, Mo. native, did just that. Partain became SMS's 13<sup>th</sup> all-American since 1997. Partain, competing in the pentathlon, ran, jumped and threw to a new personal best that moved her up from the nation's 12<sup>th</sup> seed to a finals finish of ninth overall and as the eighth American in the field. The top eight finishers overall, along with the top eight American's receive the all-American honor.

Partain's multi-event score of 4,036 points is a new SMS all-time best and breaks Partain's own Missouri Valley Conference record. Within the event Partain's performances included a 8.61-second clocking in the 60-meter hurdles, a 5'8" clearance in the high jump, a 36'8.25" shot put, an 18'7" long jump, and a 2:23 800-meter time. Partain's high jump clearance ranks third on the SMS all-time list.

Fellow junior Fabian Florant moved up from his pre-meet seed of 15<sup>th</sup> to finish an impressive 10<sup>th</sup> place at the NCAA national meet. Florant's best jump of the round was 51'2.25". The jump was nine inches off of Florant's season best and

## 2005 Track and Field Schedule

### Indoor Track and Field

Date	Event
Jan. 14	Arkansas Invitational (U. of Arkansas, Fayetteville, Arkansas)
Jan. 21-22	Razorback Invitational (U. of Arkansas, Fayetteville, Arkansas)
Jan. 28	Jayhawk Invitational (U. of Kansas, Lawrence, Kansas)
Feb. 4-5	Husker / Frank Sevigne Invitational (U. of Nebraska, Lincoln, Nebraska)
Feb. 11-12	Iowa State Classic (Iowa State Univ., Ames, Iowa)
Feb. 25-26	Missouri Valley Championships (S. Illinois Univ., Carbondale, Illinois)
Mar. 5	Iowa State Last Chance (Iowa State Univ., Ames, Iowa)
Mar. 5	Alex Wilson Invitational (U. of Notre Dame, South Bend, Indiana)
Mar. 11-12	NCAA National Championships (U. of Arkansas, Fayetteville, Arkansas)

### Outdoor Track and Field

Date	Event
Mar. 25-26	Stanford Invitational (Stanford Univ., Palo Alto, California)
Mar. 26	Tulsa Invitational (Tulsa Univ., Tulsa, Oklahoma)
Apr. 2	Mississippi State Invitational (Miss. St. Univ., Starkville, Mississippi)
Apr. 9	SMS Big Bear Invitational (HOME) (SMS, Springfield, Missouri)
Apr. 13-16	Sea Ray Relays (U. of Tennessee, Knoxville, Tennessee)
Apr. 15-17	Mt. Sac Relays (Mt. Sac College, Walnut, California)
Apr. 21-23	Kansas Relays (U. of Kansas, Lawrence, Kansas)
Apr. 23	John McDonnell Invitational (U. of Arkansas, Fayetteville, Arkansas)
Apr. 27	Aldo Sebben Relays (High School Only) (SMS, Springfield, Missouri)
Apr. 28-30	Drake Relays (Drake Univ., Des Moines, Iowa)
May 13-15	Missouri Valley Championships (U. of N. Iowa, Cedar Falls, Iowa)
Mar. 27-28	NCAA Mideast Championships (U. of Indiana, Bloomington, Indiana)
Jun. 8-11	NCAA National Championships (Sacramento State, Sacramento, Ca.)



11-inches away from all-American honors. During this indoor season Florant surpassed former SMS triple jumper and two time all-American Gregory Hughes on the school's all-time indoor triple jump list with his season best 51'11.75" which currently is tied for second.

In the 5,000-meters Casey Owens equaled her career best finish at an NCAA championship by placing 11<sup>th</sup> after coming into the meet as the 12<sup>th</sup> seed. Owens' race went out strong with a first mile of 5:02. As the pack began to split up Owens' was not able to hang on to the leaders. Late in the race Owens' lapped a runner from Oregon, giving her a boost to go on to finish with a blazing last 400-meters to pass top runners from North Carolina State, Stanford and Indiana. Owens' just missed the last all-American spot as she ran out of room trying to catch the 10<sup>th</sup> place finisher from Colorado.

## NCAA Championship Results

### Women's 5,000-meters

1	Ida Nilsson	SR Northern Arizona	15:50.20	10
2	Caroline Bierbaum	SO Columbia	15:52.53	8
3	Annie Bersagel	SR Wake Forest	15:56.97	6
4	Alicia Craig	JR Stanford	16:00.07	5
5	Amy Hastings	SO Arizona State	16:06.62	4
6	Renee Metivier	SR Colorado	16:08.72	3
7	Lindsey Scherf	FR Harvard	16:09.38	2
8	Laura Turner	SR Brigham Young	16:10.85	1
9	Faithy Kamangila	FR Oral Roberts	16:20.21	
10	Christine Bolf	JR Colorado	16:22.22	
11	<b>Casey Owens</b>	<b>SR SW Missouri St.</b>	<b>16:26.61</b>	
12	Anita Siraki	JR Stanford	16:28.45	
13	Renee Gunning	SR NC State	16:30.40	
14	Jessica Gall	JR Indiana	16:37.42	
15	Laura Harmon	SR Oregon	17:24.21	
--	Maureen McCandless	JR Pittsburgh	DNF	

### Women Indoor Pentathlon

	Points	60H	HJ	SP	LJ	800
1 Ashley Selig Nebraska JR Team Points: 10	4327	8.72 (969)	1.76m 5-09.25 (928)	11.32m 37-01.75 (616)	6.16m 20-02.5 (899)	2:13.40 (915)
2 Amy Menlove Brigham Young SO Team Points: 8	4312	8.28 (1066)	1.67m 5-05.75 (818)	11.15m 36-07 (605)	6.67m 21-10.75 (1062)	2:24.69 (761)
3 Manuela Kurrat Idaho JR Team Points: 6	4140	8.88 (935)	1.67m 5-05.75 (818)	13.05m 42-09.75 (731)	5.58m 18-03.75 (723)	2:12.20 (933)
4 Jessica Stockard Georgia JR Team Points: 5	4133	8.71 (971)	1.76m 5-09.25 (928)	10.85m 35-07.25 (585)	6.09m 19-11.75 (877)	2:23.84 (772)
5 Amber Williams Miami SR Team Points: 4	4055	8.46 (1026)	1.64m 5-04.5 (783)	11.46m 37-07.25 (625)	5.99m 19-08 (846)	2:23.62 (775)
6 Saskia Triesscheijn Virginia Tech JR Team Points: 2.5	4048	8.91 (929)	1.70m 5-07 (855)	13.09m 42-11.5 (733)	5.37m 17-07.5 (663)	2:16.74 (868)
6 Josie Hahn Vanderbilt SR Team Points: 2.5	4048	8.93 (925)	1.76m 5-09.25 (928)	11.74m 38-06.25 (644)	5.56m 18-03 (717)	2:19.26 (834)

8	Christine Spence Nevada-Las Vegas SR Team Points: 1	4036	8.58 (1000)	1.82m (1003)	11.16m (606)	4.85m (519)	2:13.93 (908)
9	<b>Tracy Partain</b> Southwest Missouri State JR	4015	8.62 (991)	1.73m (891)	11.18m (607)	5.67m (750)	2:23.51 (776)
10	Diana Pickler Washington State JR	4000	8.49 (1019)	1.76m (928)	11.16m (606)	5.66m (747)	2:29.41 (700)
11	Liis Berendsen Brigham Young JR	3983	9.14 (881)	1.70m (855)	11.14m (604)	5.88m (813)	2:19.54 (830)
12	Sara Jane Baker Nebraska JR	3978	9.04 (902)	1.73m (891)	10.67m (573)	5.65m (744)	2:16.73 (868)
13	Beyonka McDowell Arkansas SR	3973	8.64 (987)	1.58m (712)	13.90m (787)	5.92m (825)	2:32.46 (662)
14	Gayle Hunter Penn State FR	3889	8.90 (931)	1.61m (747)	9.75m (513)	6.09m (877)	2:20.18 (821)
15	Tamara McGill Pittsburgh SR	3886	8.52 (1013)	1.73m (891)	12.94m (723)	5.28m (637)	2:35.79 (622)

#### Men's Triple Jump

1	Aarik Wilson	JR Indiana	16.92m	55-06.25	10
2	Rodrigo Mendes	SR Brigham Young	16.61m	54-06.00	8
3	Alonzo Moore	JR Wisconsin	16.40m	53-09.75	6
4	Jaanus Uudmae	SR Arkansas	16.32m	53-06.50	5
5	Marc Kellman	SR George Mason	16.21m	53-02.25	4
6	Rafeeq Curry	JR Florida State	15.99m	52-05.50	3
7	Daniel Roper	SO Nebraska	15.88m	52-01.25	2
8	Ryan McCoy	SO George Mason	15.88m	52-01.25	1
9	Rick Bellford	SR Wisconsin	15.82m	51-11.00	
10	<b>Fabian Florant</b>	<b>JR SW Missouri St.</b>	<b>15.61m</b>	<b>51-02.75</b>	
11	Brandon Atkinson	SR Mississippi	15.51m	50-10.75	
12	Adrian Ghioroiaie	SR Kent State	15.50m	50-10.25	
13	Jason Bell	SO Clemson	15.22m	49-11.25	
--	Willie Bradley	SR LSU		FOUL	
--	Brandon Via	JR North Carolina A&T		FOUL	

## **2005 SMS Men's Track and Field Roster**

### **Name Event(s) Yr. Hometown/High School**

Justin Alberts Sprints Jr. Boonville (Mo.) High  
Mike Call Jumps, Fr. (Mo.)  
Kevin Born Distance Fr. Lone Jack (Mo.) High  
Michael Breshears Distance So. Excelsior Springs (Mo.) High  
Casey Collins Distance Fr. West Plains (Mo.) High  
Anthony "Tony" Davis Distance Sr. Springfield (Mo.) Glendale High  
Kenroy Dixon Sprints Jr. Clarendon (Jamaica) Vere Technical High  
Kevin Doran Distance So. Murphysboro (Ill.) High  
Michael Farmer Middle Distance Fr. Raytown (Mo.) South High  
Fabian Florant Jumps/Sprints Jr. Roseau (Dominica) St. Mary's Academy  
Jared Kreissler Distance Fr. Independence (Mo.) Truman High  
Anthony Larangeira Distance So. Jefferson City (Mo.) Blair Oaks High  
Travis Mack Middle Distance So. Liberty (Mo.) High  
Caleb Masterson Middle Distance So. Springfield (Mo.) Greenwood High  
Terak El Moresy Sprints Fr. Toronto, Canada  
Terry Nurse Throws Sr. St. Peter (Barbados) Alexandra School  
Kareem Samuel Sprints So. San Franando (Trinidad) Presentation College  
Lemar Seale Sprints So. St. Michael (Barbados) Combermere School  
Thomas Stueve Jumps So. Lee's Summit (Mo.) High  
Ross Tilghman Distance So. Cape Girardeau (Mo.) Central High  
Mike Wahlig Sprints/Hurdles Jr. Manchester (Mo.) Parkway South High

## **2005 SMS Women's Track and Field Roster**

### **Name Event Yr. Hometown/High School**

Catherine Barron Distance So. Ballwin (Mo.) Parkway South High  
Kim Carter Jumps/Sprints/Hurdles So. St. Michael (Barbados) Combermere School  
Kate Chettle Distance Jr. Newington (Australia) Guilford Young College  
Clarissa Codrington Sprints So. Ann Arbor (Mich.) Pioneer High  
Andrea Coomes Jumps/Sprints So. Kansas City (Mo.) Oak Park High  
Tanya Cyrus Sprints Jr. Montreal (Quebec) Cedarbrae Collegiate Institute  
Casey Dewitt Distance Jr. Rogersville (Mo.) Logan-Rogersville High  
Ciara Jones Sprints Fr. St. Louis (Mo.) Soldan High  
Chloe Key Distance Fr. Springfield (Mo.) Parkview High  
Jayne Kristmann Jumps/Throws So. St. Louis (Mo.) Parkway West High  
Donnavette Martin Sprints/Jumps Sr. Nassau (Bahamas) C.C. Sweeting High  
Julia Murray Sprints Sr. St. Michael (Barbados) Combermere High  
Danielle Norville Sprints Jr. Telford (England) Blessed Rodert Johnson  
Hannah Nugent Sprints Fr. Kirksville (Mo.) High  
Casey Owens Distance Sr. Des Moines (Iowa) Roosevelt High  
Tracy Partain Sprints/Jumps/Hurdles Jr. Springfield (Mo.) Parkview High  
Keely Porter Sprints Fr. California (Mo.) High  
Ashley Sanders Distance Jr. Clinton (Mo.) High  
Michelle Simpson Sprints So. Chicago (Ill.) Lincoln Park High  
Erin Sutton Distance Sr. Willard (Mo.) High  
Carrie Vestal Distance Fr. Springfield (Mo.) Parkview High  
Keisha Walkes Throws Sr. St. Michael (Barbados) Harrison College  
Luan Weekes Jumps/Sprints Sr. St. Michael (Barbados) The St. Michael School  
Kylie Wildman Sprints/Hurdles Fr. Australia  
Genna Williams Sprints Jr. St. Michael (Barbados) Coleridge & Parry Secondary