



Southwest Missouri State University

Track & Field / Cross Country

NCAA Division I Member – Missouri Valley Conference – BearsTrack.net

Next Up For The Bears: Indoor Track and Field
March 11-12 – NCAA Championships, University of Arkansas, Fayetteville, Arkansas

Edition:
#17 / 2004-05

Missouri State University!

Missouri's great state university is finally getting the name it deserves. The state of Missouri is renaming Southwest Missouri State to **Missouri State University** in August of 2005.

Alumni Race Results

Racing at the University of Florida 2003 SMS graduate Blake Boldon ran a season best 8:09 for the indoor 3,000-meters at the Florida Last Chance Invitational at the University of Florida. Boldon won the race by 8-seconds.

World Championships

1999 SMS graduate Calvin Staple will be racing at the IAAF World Cross Country Championships as part of the Canadian National team on March 19 in St. Entienne, France

Volunteers Needed

SMS track and field is looking for volunteers for its April 9th (Saturday) SMS Big Bear Invitational and its April 27th (Wednesday) SMS Aldo Sebben High School Relays. If you are interested in volunteering please e-mail greghipp@smsu.edu for details.

Spread the Word

Do you know any SMS alums or friends who would be interested in our newsletter? Send them to BearsTrack.net to subscribe. We are looking forward to staying in contact with our valued alumni and friends of the program.

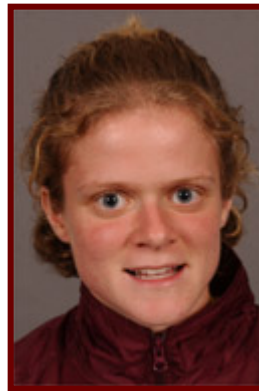
SMS To Send Three To NCAA Championships

The SMS track and field team will send three athletes to the NCAA Indoor Track and Field Championships in Fayetteville, Arkansas this weekend.

The NCAA announced it's selections for its Division-I championship Monday. Selections are made by taking athletes who rank highly on the NCAA's top performance lists. In each event the NCAA has selected approximately the top 15 to 16 athletes in the nation.

For SMS the Lady Bears received two invitations to the national meet by way of junior Tracy Partain and senior Casey Owens. The Bears received one invitation with junior Fabian Florant getting the call.

Casey Owens' selection is the first of her career for the indoor national championships. Owens will compete in the 5,000-meter run where she is seeded 12th. Previously Owens' has qualified for the NCAA championships in cross country the past two fall seasons as well as a birth to the national meet outdoors in 2004. While competing at last year's outdoor national championship Owens earned all-American honors in the 10,000-meter run.



Owens' selection this winter is credited to her SMS and Missouri Valley Conference record setting performance in 5,000-meters. Owens ran to a personal best for the event while competing at Iowa State four weeks ago. Her qualifying time of 16:15.43 makes the only athlete from a university in the state of Missouri to qualify for a long distance running event.

Fellow Lady Bear Tracy Partain has risen to new levels during the 2005 indoor season.

2005 Track and Field Schedule

Indoor Track and Field

Date	Event
Jan. 14	Arkansas Invitational (U. of Arkansas, Fayetteville, Arkansas)
Jan. 21-22	Razorback Invitational (U. of Arkansas, Fayetteville, Arkansas)
Jan. 28	Jayhawk Invitational (U. of Kansas, Lawrence, Kansas)
Feb. 4-5	Husker / Frank Sevigne Invitational (U. of Nebraska, Lincoln, Nebraska)
Feb. 11-12	Iowa State Classic (Iowa State Univ., Ames, Iowa)
Feb. 25-26	Missouri Valley Championships (S. Illinois Univ., Carbondale, Illinois)
Mar. 5	Iowa State Last Chance (Iowa State Univ., Ames, Iowa)
Mar. 5	Alex Wilson Invitational (U. of Notre Dame, South Bend, Indiana)
Mar. 11-12	NCAA National Championships (U. of Arkansas, Fayetteville, Arkansas)

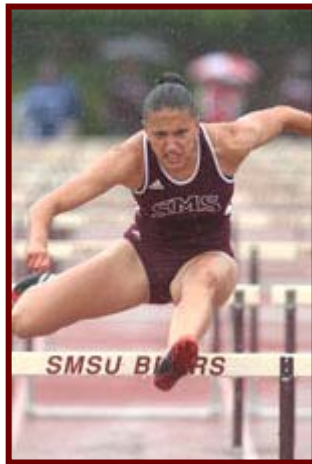
Outdoor Track and Field

Date	Event
Mar. 25-26	Stanford Invitational (Stanford Univ., Palo Alto, California)
Mar. 26	Tulsa Invitational (Tulsa Univ., Tulsa, Oklahoma)
Apr. 2	Mississippi State Invitational (Miss. St. Univ., Starkville, Mississippi)
Apr. 9	SMS Big Bear Invitational (HOME) (SMS, Springfield, Missouri)
Apr. 13-16	Sea Ray Relays (U. of Tennessee, Knoxville, Tennessee)
Apr. 15-17	Mt. Sac Relays (Mt. Sac College, Walnut, California)
Apr. 21-23	Kansas Relays (U. of Kansas, Lawrence, Kansas)
Apr. 23	John McDonnell Invitational (U. of Arkansas, Fayetteville, Arkansas)
Apr. 27	Aldo Sebben Relays (High School Only) (SMS, Springfield, Missouri)
Apr. 28-30	Drake Relays (Drake Univ., Des Moines, Iowa)
May 13-15	Missouri Valley Championships (U. of N. Iowa, Cedar Falls, Iowa)
Mar. 27-28	NCAA Mideast Championships (U. of Indiana, Bloomington, Indiana)
Jun. 8-11	NCAA National Championships (Sacramento State, Sacramento, Ca.)



Partain is special to many SMS fans because she is a local product who attended high school just two miles from the SMS campus at Springfield Parkview.

This winter Partain has showed that she is one of the top emerging multi-event athletes in the nation. In only her second year competing in the pentathlon Partain was able to achieve the NCAA qualifying score in all of her three attempts at the event. Her most impressive performance of 2005 came in the clutch. Partain took first place honors over two other nationally ranked pentathletes while competing at the Missouri Valley Championship. Just like her teammate Casey Owens, Partain set SMS and Missouri Valley Conference records. Her event score of 4001 points is the 12th best collegiate mark in the nation in 2005.



SMS Bear Fabian Florant is a newcomer to the squad this season. After transferring into SMS in the fall Florant has excelled as a national class triple jumper. The 2005 NCAA National Championships will be Florant's first time at the prestigious meet. Previously Florant has been an NAIA national champion in the event. Now at the NCAA Division-I level Florant currently is seeded 15th in his event with the potential to

move up in the competition.

A native of Roseau, Dominica, Florant holds the best triple jump performance in the Missouri Valley this indoor season with a mark of 51'11.75". He also moved himself into a tie for second on the SMS all-time list in the event. Florant has also excelled this indoor season in the long jump and sprints. Florant was a scoring performer indoors for the Bears in three events. Florant is a team leader and is currently setting the standard for the Bears team.

Owens, Partain and Florant will be seeking coveted NCAA all-American honors. They will be trying to join the twelve other SMS track and field stars who have earned that honor in the last eight years including five men and seven women. All-American honors are awarded to the top eight places in each event. In addition the top eight American citizens are also awarded.

Competition begins Friday at Tyson Arena on the campus of the University of Arkansas. More information can be found at LadyBucks.com. To the right is a schedule of events:

NCAA Championships Schedule

Friday, March 11, 2005

9:00 a.m.	Men's heptathlon 60-meter dash	Final
*	Men's heptathlon long jump	Final
*	Men's heptathlon shot put	Final
*	Men's heptathlon high jump	Final
Noon	Men's 35-lb. weight throw)	Final
2:30 p.m.	Women's high jump	Final
	Women's shot put	Final
3:45 p.m.	National Anthem	
4:00 p.m.	Women's long jump	Final
4:30 p.m.	Women's 800-meter run	Prelim
4:45 p.m.	Men's 800-meter run	Prelim
5:05 p.m.	Women's 60-meter hurdles	Prelim
5:20 p.m.	Men's 60-meter hurdles	Prelim
5:35 p.m.	Men's pole vault	Final
5:40 p.m.	Women's 400-meter dash	Prelim
5:50 p.m.	Men's 400-meter dash	Prelim
6:00 p.m.	Men's long jump	Final
6:15 p.m.	Women's 60-meter dash	Prelim
6:30 p.m.	Men's 60-meter dash	Prelim
6:45 p.m.	Women's mile Run	Prelim
7:05 p.m.	Men's mile Run	Prelim
7:20 p.m.	Women's 200-meter dash	Prelim
7:35 p.m.	Men's 200-meter dash	Prelim
7:50 p.m.	Women's 5,000-meter run	Final
8:10 p.m.	Women's 60-meter hurdles	Final
8:20 p.m.	Men's 60-meter hurdles	Final
8:30 p.m.	Men's 5,000-meter run	Final
8:50 p.m.	Women's 200-meter dash	Final
9:00 p.m.	Men's 200-meter dash	Final
9:10 p.m.	Women's distance medley relay	Final
9:30 p.m.	Men's distance medley relay	Final

Saturday, March 12, 2005

11:00 a.m.	Men's heptathlon 60-meter hurdles
*	Men's heptathlon pole vault
*	Men's heptathlon 1,000-meter run
11:30 a.m.	Women's pentathlon starts
2:00 p.m.	Women's 20-lb. weight throw
4:10 p.m.	Women's triple jump
4:30 p.m.	Men's shot put
4:45 p.m.	Men's high jump
5:30 p.m.	Women's pole vault
5:40 p.m.	National Anthem
5:45 p.m.	Men's triple jump
6:15 p.m.	Women's mile run
6:25 p.m.	Men's mile run
6:35 p.m.	Women's 800-meter run
6:45 p.m.	Men's 800-meter run
6:55 p.m.	Women's 400-meter dash
7:05 p.m.	Men's 400-meter dash
7:15 p.m.	Women's 60-meter dash
7:25 p.m.	Men's 60-meter dash
7:35 p.m.	Women's 3,000-meter run
7:50 p.m.	Men's 3,000-meter run
8:05 p.m.	Women's 1,600-meter relay
8:20 p.m.	Men's 1,600-meter relay

>> All Saturday events are Finals.

2005 SMS Men's Track and Field Roster

Name Event(s) Yr. Hometown/High School

Justin Alberts Sprints Jr. Boonville (Mo.) High
Kevin Born Distance Fr. Lone Jack (Mo.) High
Michael Breshears Distance So. Excelsior Springs (Mo.) High
Casey Collins Distance Fr. West Plains (Mo.) High
Anthony "Tony" Davis Distance Sr. Springfield (Mo.) Glendale High
Kenroy Dixon Sprints Jr. Clarendon (Jamaica) Vere Technical High
Kevin Doran Distance So. Murphysboro (Ill.) High
Michael Farmer Middle Distance Fr. Raytown (Mo.) South High
Fabian Florant Jumps/Sprints Jr. Roseau (Dominica) St. Mary's Academy
Jared Kreissler Distance Fr. Independence (Mo.) Truman High
Anthony Larangeira Distance So. Jefferson City (Mo.) Blair Oaks High
Travis Mack Middle Distance So. Liberty (Mo.) High
Caleb Masterson Middle Distance So. Springfield (Mo.) Greenwood High
Terak El Moresy Sprints Fr. Toronto, Canada
Terry Nurse Throws Sr. St. Peter (Barbados) Alexandra School
Kareem Samuel Sprints So. San Franando (Trinidad) Presentation College
Lemar Seale Sprints So. St. Michael (Barbados) Combermere School
Thomas Stueve Jumps So. Lee's Summit (Mo.) High
Ross Tilghman Distance So. Cape Girardeau (Mo.) Central High
Mike Wahlig Sprints/Hurdles Jr. Manchester (Mo.) Parkway South High

2005 SMS Women's Track and Field Roster

Name Event Yr. Hometown/High School

Catherine Barron Distance So. Ballwin (Mo.) Parkway South High
Kim Carter Jumps/Sprints/Hurdles So. St. Michael (Barbados) Combermere School
Kate Chettle Distance Jr. Newington (Australia) Guilford Young College
Clarissa Codrington Sprints So. Ann Arbor (Mich.) Pioneer High
Andrea Coomes Jumps/Sprints So. Kansas City (Mo.) Oak Park High
Tanya Cyrus Sprints Jr. Montreal (Quebec) Cedarbrae Collegiate Institute
Casey Dewitt Distance Jr. Rogersville (Mo.) Logan-Rogersville High
Ciara Jones Sprints Fr. St. Louis (Mo.) Soldan High
Chloe Key Distance Fr. Springfield (Mo.) Parkview High
Jayne Kristman Jumps/Throws So. St. Louis (Mo.) Parkway West High
Donnavette Martin Sprints/Jumps Sr. Nassau (Bahamas) C.C. Sweeting High
Julia Murray Sprints Sr. St. Michael (Barbados) Combermere High
Danielle Norville Sprints Jr. Telford (England) Blessed Rodert Johnson
Hannah Nugent Sprints Fr. Kirksville (Mo.) High
Casey Owens Distance Sr. Des Moines (Iowa) Roosevelt High
Tracy Partain Sprints/Jumps/Hurdles Jr. Springfield (Mo.) Parkview High
Keely Porter Sprints Fr. California (Mo.) High
Ashley Sanders Distance Jr. Clinton (Mo.) High
Michelle Simpson Sprints So. Chicago (Ill.) Lincoln Park High
Erin Sutton Distance Sr. Willard (Mo.) High
Carrie Vestal Distance Fr. Springfield (Mo.) Parkview High
Keisha Walkes Throws Sr. St. Michael (Barbados) Harrison College
Luan Weekes Jumps/Sprints Sr. St. Michael (Barbados) The St. Michael School
Kylie Wildman Sprints/Hurdles Fr. Australia
Genna Williams Sprints Jr. St. Michael (Barbados) Coleridge & Parry Secondary