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Up Next For The Bears

Feb. 2-3 Husker Invitational

Missouri State track and field will take their talents to the University of Nebraska to compete in the Husker Invitational this weekend with the MVC Championships less than a month away.

Missouri State Schedules Indoor Track and Field

Date	Event
Jan. 12	Arkansas Invitational (U. of Arkansas, Fayetteville, Ark.)
Jan. 19-20	Razorback Invitational (U. of Arkansas, Fayetteville, Ark.)
Jan. 27	Carle / Health Alliance Invitational (U. of Illinois, Champaign, Ill.)
Feb. 2-3	Husker / Frank Sevigne Invitational (U. of Nebraska, Lincoln, Nebraska)
Feb. 9-10	Iowa State Invitational (Iowa State Univ., Ames, Iowa)
Feb. 23-24	Missouri Valley Championships (S. Illinois University, Carbondale, Ill.)
Mar. 9-10	NCAA National Championships (U. of Arkansas, Fayetteville, Ark.)

Outdoor Track and Field

Date	Event
Mar. 23-24	Spring Classic (S. Illinois University, Carbondale, Ill)
Mar. 30-31	Stanford Invitational (Stanford Univ., Palo Alto, California)
Mar. 30-31	Missouri Relays (U. of Missouri, Columbia, Mo.)
April 6	Missouri State Big Bear Invitational (HOME) (Missouri State, Springfield, Mo.)
Apr. 12-13	Audrey Walton Hept. Invitational (U. of Missouri, Columbia, Mo.)
Apr. 12-14	Sea Ray Relays (U. of Tennessee, Knoxville, Tenn.)
Apr. 21	John McDonnell Invitational (U. of Arkansas, Fayetteville, Ark.)
Apr. 26-28	Drake Relays (Drake Univ., Des Moines, Iowa)
May 12-14	Missouri Valley Championships (Drake Univ., Des Moines, Iowa)
Mar. 26-27	NCAA Mideast Championships (U. of Missouri, Columbia, Mo.)
Jun. 7-10	NCAA National Championships (Sacramento State, Sacramento, Ca.)
Jun. 21-24	USA National Championships (IUPUI, Indianapolis, Ind.)

Ernest Leads The Way At Illinois

Missouri State came away with 17 top ten finishes in an impressive team performance for the Lady Bears at the University of Illinois Health Alliance Classic Saturday in Champaign, Ill.

Freshman standout Leander Ernest led the way winning the 800-meter run in a time of 2:11.76. Ernest led from the gun leaving her closest competitor, Claire Duck of DePaul, nearly five-seconds behind. The finish marked a five-second personal best for Ernest and her mark moves her to third on the MSU list of all-time top performers in the indoor 800-meters.

“Leander is proving that the hardest workers become the best performers. She’s run only four races as a Bear and she hasn’t been beaten head to head yet,” noted head coach Ron Boyce.



Key

The Lady Bears had a strong showing in the 3,000-meter run, claiming five top-ten finishes. Carrie Vestal led the way for Missouri State, finishing second in 10:03.76. Chloe Key came in a close third in a time of 10:08.66. Kristin Wolkey and Jamie Vest finish fifth and sixth in times of 10:15.17 and 10:21.56, respectively. Auvia Miller rounded out the top-ten finishers in ninth place. Key, Wolkey, Vest and Miller all earned personal bests with Key improving upon her previous best by an astonishing 57-seconds.

MSU's Angelique Stephens recorded a top-five finish for the Lady Bears as she placed fifth in the 400-meter dash in a time of 57.47, the fourth best MVC time this winter.

In the 60-meter prelims Kim Carter ran the Valley's third best 60-meter dash of the year (7.72-seconds), qualifying her for finals where she landed eighth in a time of 7.79. Carter also had a fourth-place finish in the long jump with a personal-best leap of 18-07.25 which also ranks third in the Valley this season.

Maraneika Goffe recorded the top finish for the Bears in the high jump. M. Goffe cleared a height of 5-3 to earn fifth. Twin sister Zaleika Goffe finished sixth with a height of 5-1.

MSU's Ashley Harris marked a distance of 38-06.25 in the triple jump to record a fourth-place finish that also ranks fourth in the MVC.

“Our performances show that we are starting to come together as a team. We had notable performances in a number of different areas. Today’s performances should give the team some confidence as we move into the second half of our season,” stated Boyce



2007 Track and Field Roster

Name	Event	Year	Hometown
Renna Berry	Sprints	Fr.	Normal, Ill.
Lindsey Billington	Distance	Fr.	Lee's Summit, Mo.
Liz Blase	Jumps	Fr./So.	St. Charles, Mo.
Corteneé Boulard	Sprints	Fr.	Beaumont, Tex.
April Brooks	Jumps	Fr.	Blanchard, Okla.
Kim Carter	Multi-events	Sr.	St. Philip, Barbados
Tara Collins	Distance	So./Fr.	West Plains, Mo.
Tanya Cyrus	Sprints	Sr.	Montreal, Quebec
Leander Ernest	Sprints	Fr.	Castries, St. Lucia
Emily Fletcher	Distance	Fr.	Fort Dodge, Iowa
Mareneika Goffe	Jumps	Fr./So.	St. James, Jamaica
Zaleilka Goffe	Jumps	Fr./So.	St. James, Jamaica
Ashley Harris	Jumps	Jr.	St. Louis, Mo.
Chloe Key	Distance	Jr.	Springfield, Mo.
Yaneika Malcolm	Sprints	Fr./So.	Montego Bay, Jamaica
Auvia Miller	Distance	Fr.	Willard, Mo.
Staci Nelson	Distance	Fr.	Chatham, Ill.
Lauren Nystrom	Distance	Sr.	St. Charles, Mo.
Alexandria Oembler	Sprints	So.	Nassau, Bahamas
Kaly Prather	Distance	Fr.	Lee's Summit, Mo.
Deandrea Rolle	Throws	Fr.	Nassau, Bahamas
Leneice Rolle	Sprints	Fr.	Nassau, Bahamas
Michelle Simpson	Sprints	Sr.	Chicago, Ill.
Angelique Stephens	Sprints	Jr.	Christ Church, Barbados
Anda Udris	Sprints	Fr.	Liberty, Mo.
Jamie Vest	Distance	So.	Lebanon, Mo.
Carrie Vestal	Distance	So./Jr.	Springfield, Mo.
Genna Williams	Sprints	Sr.	St. Michael, Barbados
Kristin Wolkey	Distance	Fr./So.	Overland Park, Kan.

Ron Boyce, Head Coach / Sprints & Hurdles Coach

Greg Hipp, Distance Coach

Jacob Kingery, Field Events Coach

David Glazer, Volunteer Assistant Coach